

WELCOME TO OUR

Wooragee PS Newsletter

TERM 3 WEEK 3 2024

TERM 3 CALENDAR

WEEK 4 FRIDAY 9TH AUGUST 100 DAYS OF SCHOOL DRESS UP (F/I)

WEEK 5 FRIDAY 16TH AUGUST NATIONAL DAY AGAINST BULLYING: WEAR SOMETHING PURPLE

WEEK 6 BOOK WEEK PARADE TUESDAY 20TH AUGUST - GET YOUR BOOK CHARACTER COSTUMES READY

WEEK 7 THURSDAY 29TH AUGUST QUESTACON VISIT

WEEK 8 WEDNESDAY 4TH SEPTEMBER SCHOOL COUNCIL FATHER'S DAY BREAKFAST TBC

WEEK 9 MONDAY 9TH SEPTEMBER 1/2 DAY OF SCHOOL, STUDENTS LEAVE AT 12:30 FOR STUDENT LEAD CONFERENCES

WEDNESDAY 11TH SEPTEMBER PRODUCTION NIGHT
THURSDAY 12TH SEPTEMBER R U OKAY DAY (PJ DRESS UP)

WEEK 10 - SWIMMING LESSONS

20TH SEPTEMBER LAST DAY OF TERM 2:20 FINISH

From the Principal's Desk

Today is Principal's Day, and I am reflecting on my role as a leader. On Monday and Tuesday, I attended the Victorian Principals Conference with all the other public school principals in the state. I participated in four different workshops.

The first workshop focused on leading with both your head and your heart. Leading with your head means having curiosity, not being judgmental, and always seeking to understand. It also involves working with capability and having a growth mindset, understanding that you can always learn more. Additionally, wisdom entails not dominating conversations but rather listening and working with others to discover answers.

The heart leadership qualities discussed include self-awareness—being aware of your strengths and weaknesses and being willing to be vulnerable. Empathy is also crucial, as leaders need to be aware of others' feelings. Courage, the final heart quality, demands that leaders consistently show up, whether it's in good times or bad. It's not always easy, but we need to celebrate the good times and learn from the challenging ones.

I want to say a huge

Thank you 

to the wonderful staff and students at Wooragee Primary School for making this day so special. I am so lucky to work in an environment where everyone is valued and committed to the education of our children.



School Hours
Start 9:00am Finish 3:20PM

Supervision begins @ 8:35 and Ends @3:45 (For those travelling on the Late bus)
Children will be unsupervised if dropped off or picked up outside these hours

Emotional Literacy

Did you know ...

- There are 27 main human emotions.
- We experience at least 1 emotion 90% of the time.
- And frequently experience positive & negative emotions at the same time.

If you're interested in learning more about Emotional Literacy check out 'The Imperfects podcast'. In the below episode, Dr Emily talks about the concept of Emotional Awareness and explains why it's not only important to identify your unpleasant emotions, but why it's even more important to express them when they arise.

Dr Emily - you are Not Your Emotions

Below is a link to more of 'The Imperfects' podcast episodes on The Resilience Project website or you can listen wherever you listen to your podcasts.

<https://theresilienceproject.com.au/at-home/podcasts/>



Nellie News

We had some communication this week around the new guidelines for wellbeing dogs from Dog's Connect. They have advised that dogs should only be at school for 3 days during the week. This is support their mental health and wellbeing.

The students are a bit sad about this but understand that it's to help Nellie relax and rest so she is ready for work.

This means Nellie will be at school on Monday, Wednesday and Fridays. This term the following classes will have Nellie through out the week (timetable below). Next term we will change it around depending on students needs.



Nellie Term 3 Timetable 2024					
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 11:20	3/4	NO NELLIE	3/4	NO NELLIE	1/2
Lunch					
12:00 - 1:20	5/6	NO NELLIE	5/6	NO NELLIE	F/1
Recess					
2:00 - 3:20	Rest in staffroom				

Foundation Investigations

We are back into the full swing of things in our F/1 classroom for term 3. The children have all settled back into our daily routines and enjoying the new topics we are covering this term. Our daily Investigations sessions are still a favourite among the grade with a lot of new activities for the children to explore.



"I love everything!" – Macy
"This is my favourite activity because I get to wear the cape." – Louie
"I love the writing table and dress ups." – Artie
"I love the maps". – Lexi
"You can dress up". – Frankie
"The blocks are my favourite". – Ty





*Start thinking
about your Book
Week dress up!*

*We will be
celebrating in
Week 6
(19th-23rd
August)*

*Tuesday 20th
August*



WORKSHOPS



SOURDOUGH WORKSHOP- 29TH AUGUST 5-7PM

THIS WORKSHOP INCLUDES HANDS ON TUITION IN AND INTRODUCTION TO SLOW FERMENTATION, SOURDOUGH BAKING, SHAPING AND MOULDING.

WORKSHOP COST \$60



BEE KEEPING WORKSHOP - SEPTEMBER TBC

LED BY LOCAL BEEKEEPER KEITH PADBURY, BIOSECURITY OFFICER FOR THE MAD BEE GROUP. THIS PRESENTATION COVERS THE REALITIES OF KEEPING BEES - THE GOOD AND THE BAD

WORKSHOP COST \$60



WREATH MAKING WORKSHOP - 5TH DECEMBER 5-7PM

IN THIS HANDS-ON WORKSHOP, YOU'LL LEARN HOW TO CONSTRUCT AND BUILD BEAUTIFUL WREATHS. YOU WILL DESIGN, STYLE, AND CREATE YOUR OWN DOOR/WALL WREATH.

WORKSHOP COST \$70



PAINT AND PLATTER - WOORAGEE HALL 6-9PM DATE TBC

OUR PAINT AND PLATTER WORKSHOP IS THE PERFECT WAY FOR YOU TO EXPLORE YOUR CREATIVITY IN A RELAXED AND SUPPORTIVE ENVIRONMENT. EACH PARTICIPANT WILL HAVE THE OPPORTUNITY TO UNLEASH THEIR IMAGINATION ONTO CANVAS WHILE ENJOYING DELICIOUS SNACKS WITH ASSORTED SHARED PLATTERS AND REFRESHMENTS

WORKSHOP COST \$80



Acknowledgements

Percy for checking in on a friend when they were upset.

Finlay for showing initiative and writing his animal names in Dhudhuroa

Lottie for always keeping our classroom tidy.

Renn for taking care of our new tables.

Freya for helping Bree and Des glue work into other peoples workbooks.

Frankie for keeping our pencil caddies organised.

Ty for keeping our floor clean and tidy.

Finlay for engaging amazingly with our session with Karen on insects.

Daisy for identifying when you were feeling overwhelmed and that you needed Nellie cuddles.

Landon for working hard in all areas this week.

Birthdays

August	September
5 Ryder 7 Tucker 8 Adeline 19 Addie 27 Henry 28 Isabella 30 Toby	5 Isla 8 Lilja 20 Louie 21 Vincent 21 Scout 26 Ripley

Thankyou

THANK YOU GRACE FOR LOOKING AFTER THE SCHOOL WHILE ANGELA WAS AWAY

THANK YOU & GOOD LUCK ERIN

THANK YOU OWEN AND ERIC AND SOPHIE FOR VOLUNTEERING IN THE GARDEN

Community Events



TERM 3 @ QUERCUS



Book online: quercusbeechworth.org.au or SCAN



Performing Arts Group
5-12 year olds
Weekly on Mondays
3:30 - 5:00pm
Teacher: Franja Bailey
\$120 - Term 3 pass
\$15 single session



Strength, Stretch & Core
Weekly on Mondays
5:15pm - 6pm
Perfect for people in physically demanding jobs inc trades, nurses
\$100 - Term 3 pass



IT Help Desk
Fortnightly on Tuesdays
10am-12pm
Next session 16.7
No bookings needed
FREE



Martial Arts by AWMA
KARATE Weekly on Tuesdays
6-7pm
Suitable for children and adults.
Bookings:
alburywodongmartialarts.com



Rhythm, Movement & Tumbling
2-4 year olds
Weekly on Thursdays
2:00 - 3:00pm
Teacher: Franja Bailey
\$100 - Term 3 pass
\$12 Single Session



Beechworth Dancers
Adults all ages
Weekly on Thursdays
7:00 - 9:00 pm
Beginners welcome
To book phone 0417 560 481



Repair Cafe
FIRST Saturday of the month
10.00am - 12.00pm
Children encouraged to come along with parents to learn how to mend, repair and sharpen
FREE



Camera Club
Third Saturday of the month
11.00am - 1.00pm
Over 12 years welcome
Under 12 years with a parent
FREE



Share your ideas with us
If there is a class or activity you'd like to see in our community, we're always keen to hear your suggestions.
Contact at
reception@quercusbeechworth.com.au

Wanted
Support Worker/ High School Tutor
2 hours per week for 2 months
Need ABN
Contact Sascha 0400189889



After School Fun @ Yackandandah Library

- Monday 29 July **Board games**
3:45-4:45 PM Come along and challenge your friends to some games
- Monday 5 August **Create with beads**
3:45-4:45 PM Use our beads to make bracelets and bagtags
- Monday 12 August **Harry Potter activities**
3:45-4:45 PM Make a quill pen, play bingo and do a treasure hunt
- Monday 19 August **Book chat**
3:45-4:45 PM Bring your favourite book to share and talk about with others



www.indigoshire.vic.gov.au/Community/Libraries

PREVENT BULLYING & EMPOWER CHILDREN

FREE WEBINAR

THU 29TH AUGUST
7:30-8:30PM

WHAT YOU'LL LEARN

- THE SOCIAL PHENOMENA BEHIND BULLYING**
Gain insight into underlying social factors that contribute to poor behaviour and bullying in schools, moving beyond simply labelling specific children as 'the problem'.
- EMPOWERING STUDENT SOLUTIONS**
Discover practical strategies to allow children to identify issues affecting them, and actively develop their own impactful solutions to prevent and respond to poor behaviours.
- EFFECTIVE BULLYING RESPONSES**
Learn to engage and support children who are either experiencing or witnessing bullying, equipping yourself with the tools needed to create positive social change.

DR ZACH GREIG
THE STAND UP PROJECT

Dr. Zach Greig holds a PhD in Community Empowerment, and has nearly 20 years of experience researching and working with community members. He founded The Stand Up Project (SUP) in 2019 - a student leadership program designed to reduce discrimination, harassment, and bullying. Dr. Greig helps to foster positive social change through Upstander Training, which empowers young people to stand up for themselves and others.

thestandupproject.com

FREE SESSION

ENROL TO ATTEND

PRESENTED BY

 +

★★★★★ "SUP's student leadership and empowerment model is an important part of the solution in addressing poor behaviour in schools." **Principal**

★★★★★ "Dr. Zach Greig has created a truly ground-breaking and impactful program. His approach and guidance are so simple, but make so much sense." **Sam Hoath, TeamKids Founding Director**


★★★★★ "The Stand Up Project is amazing. I can't wait to teach others how to be an Upstander." **Grade 6 Student**

*There is no cost to attend these programs

Location	Program	Duration	When	Where	Register
Wodonga	Mother Goose (0 - 2 years)	Full Term	Wednesdays In School terms 10:30 am - 11:30 am	Gateway Health 155 High St Wodonga	Scan the QR code to register 
Wodonga	Tuning in to Kids Emotionally intelligent parenting	5 weeks	Wednesdays August 7 - 28 9.30am - 11.30am	Gateway Health 155 High St Wodonga	Scan the QR code to register 
Online	Tuning in to Teens Emotionally intelligent parenting (10 years and over)	6 weeks	Mondays August 5 - September 2 7pm - 9pm	Online	Scan the QR code to register 
Online	Raising Resilient Children	2 hours	Monday August 19, 2024 7pm - 9pm	Online	Scan the QR code to register 
Lavington	Mother Goose (0 - 2 years)	Full Term	Mondays In School Terms 10.30am - 11.30am	Orana Community Centre 40 Cardo Dr Springdale Heights	Scan the QR code to register 
Benalla	Dads Tuning In to Kids	5 weeks	Tuesdays July 30 - September 3 2024 5.30pm - 7.30pm	Tomorrow Today Shop 1, 66 Nunn St Benalla	Scan the QR code to register 

Contact Information

If you have any questions, please reach out to the Gateway Health parenting team at 0457 279 796 or email parenting@gatewayhealth.org.au



Positive Parenting Telephone Service


Our free 6 to 10 week program helps you to:

- have stronger, more positive relationships
- set rules and limits
- manage everyday behaviour problems.


Our program is for parents, grandparents and carers of children aged 2 to 12 years.

Participants complete a workbook and are supported by weekly 30 minute phone calls with a trained parenting educator.

All of this can be done from the comfort of your own home at a time that suits you.

 **1800 880 660**

This is a **FREE** service, and enrolments are taken all year round. Call us for more information or to enrol.

gateway health 
People living well



10th August

Weed identification and management in Wooragee

Price **FREE — \$10 AUD**

[Get tickets](#)

Hosted by [Wooragee Landcare](#)

75 followers

[Contact host](#) [Follow](#)

Date and time

Sat 10th Aug 2024, 2:00 pm - 4:00 pm AEST

[Add to calendar](#)

Location

Wooragee Hall & Community Centre
1001 Beechworth-Wodonga Rd, Wooragee VIC
3747, Australia

[Get directions](#)

Event description

Weeds are a headache for most landholders. They take the space where desirable plants should be, they are time consuming to manage, can damage stock and humans, harbour pests and escape into other areas.

Wooragee landcare is presenting a weeds workshop suitable for gardeners, land holders and people doing work in bushland areas.